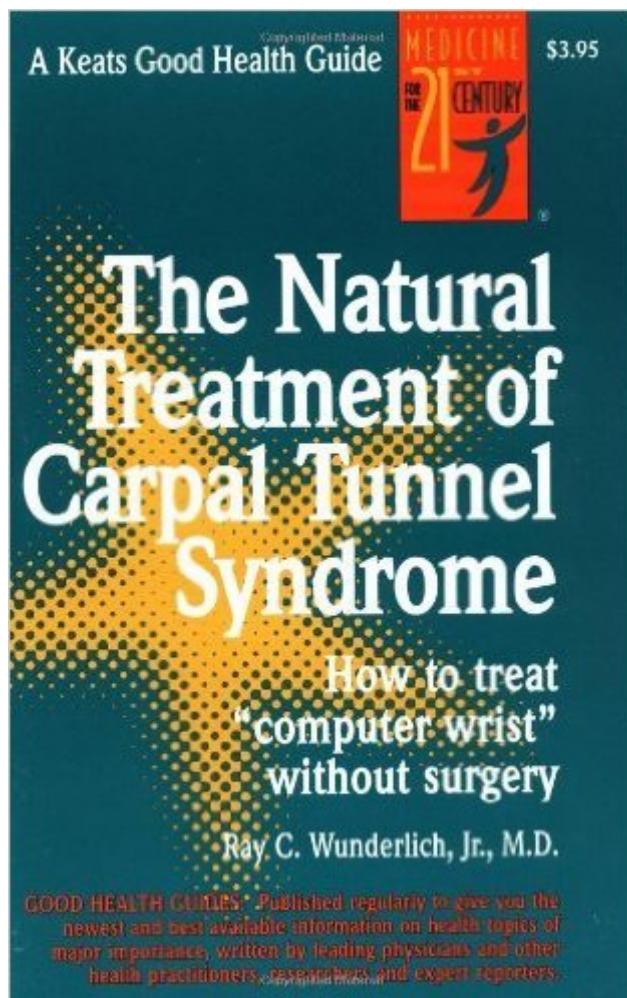


The book was found

The Natural Treatment Of Carpal Tunnel Syndrome (Keats Good Health Guides)



Synopsis

Vitamins and other nonsurgical therapies.

Book Information

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Customer Reviews

I bought this thin book together with a couple of other books, when my wife started constantly having pain in the hands, and besides no sensing in her fingers. And after this she and the doctors only have been talking about surgeries in bout of her hands, and have put her on the surgery list. But opposite to this I'm looking after the reason to the problem, and after finding this then have her to change her bad working habits which for me look to be her working habits in the kitchen, and in the garden. I owe many of these "A Keats Good Health Guide", which I until now always have found to be helpful, as being short detailed information books, written by expert. To help at little to give more information telling what the book contains hereby I enlarge the table of contents, from side 5, by besides including the sub contents: Contents Introduction 7 Anatomy 8 Symptoms 11 The Ellis Function Test 12 Causative Factors 13 Repetitive Movements 14 Wrist Position and Posture 16 Stress 17 Other Causes of CTS 18 CTS as Repair Deficit 18 CTS as a Vitamin B6 Deficiency 20 Functional Enzyme Test of B6 22 Pseudo-Carpal Tunnel Syndrome 24 Diagnosis 26 Treatment 28

Workplace Adjustment 29 Physical Fitness 30 Nutritional Measures 30 Glandular Treatment 31 Physical Therapy 32 Neuromuscular Therapy 33 Microcurrent Electrical Stimulation 34 Spinal Manipulation 35 Acupuncture 35 Reflexology 36 Homeopathy 37 Nutritional Medicine 37 Surgery 41 Conclusion 44 Reference 46 In this content we on 2 lines se stated Vitamin B6.

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